

PROTOCOL FOR DEPRESSED STUDENTS

DO:

- Let the student know you are aware he/she appears to be feeling down and that you would like to help.
- Encourage the student to express how she/he is feeling.
- Express your own concerns using specific examples: "I was concerned when you did not show up for the test / did not turn in your assignment / etc".
- Ask directly if you suspect suicidal thinking. If someone says or indicates she/he might hurt her/himself, ask a few more simple questions. It's okay to be blunt:
 - Are you thinking of hurting yourself?
 - Are you thinking of killing yourself?
 - Have you thought of how you would do that?
 - When were you thinking of doing that?
- Refer the student to the Advising and Counseling Center (ACC) by:
 - Walking him or her over to the ACC.
 - Calling the ACC (3526) to come and escort the student.
 - Calling Public Safety (3333) to escort the student to ACC.

DON'T:

- Say, "Don't worry", "Crying won't help", or "It will be better tomorrow", etc.
- Be afraid to ask whether the student is suicidal if you think that is a possibility.
See the above questions.

**BE SURE TO COMPLETE A BEHAVIOR INTERVENTION REPORT FORM ONLINE
AS SOON AS POSSIBLE.**

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